



PROJECT DATE:

GROUP:

CLIENT:

PETS: cat

SMOKER: YES

*Bathroom is available, with permission to use
Electricity & water available*

PROFILE:

J is a friendly 46-year-old woman suffering from fibromyalgia, little arm strength, PTSD, and severe depression. She has moved into her apartment but has no strength/motivation to unpack and sort through things. 2-3 volunteers needed for general housework and unpacking and organizing. She would be very appreciative of any help. She cares for her sick parents in the same building and has little time to focus on herself getting better.

JOB DESCRIPTION:

Organize and sort through boxes guided by J.

Wipe down surfaces, vacuum, and tidy up apartment.

EQUIPMENT/TOOLS:

VCS will provide cleaning supplies and gloves for project.

EMERGENCY CONTACT:

Adria Briehl